



## FIFE

**West Fife Supported Living Service.** To find out more, please contact:-

**Penumbra  
Ground Floor  
Wymet House  
89 New Row  
Dunfermline  
Fife  
KY12 7DZ**

**Tel/Fax: 01383 728 467**

**Services for Young People.** The Youth Project is a community based mental health project working with vulnerable young people aged 12-21. If you are worried, lonely, confused, depressed or suicidal you can contact us.

**Kirkcaldy  
Tel: 01592 201872  
Fax: 01592 201972**



**Penumbra** Norton Park, 57 Albion Road, Edinburgh EH7 5QY  
Tel 0131 475 2380 Fax 0131 475 2391 Web [www.penumbra.org.uk](http://www.penumbra.org.uk) Email [enquiries@penumbra.org.uk](mailto:enquiries@penumbra.org.uk)

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