

Organising my life for myself has been really great and has made me feel much more positive about every aspect of my life

Empowerment

Many people have found directing their own support to be an empowering experience.

Personalisation

Penumbra is committed to personalisation of services and is positive about promoting and developing access for people to direct their own support.

Penumbra is a leading Scottish voluntary organisation providing services for people who are experiencing mental ill health.

We provide a range of person centred, recovery-based support services across Scotland. We also aim to raise awareness of mental health issues and reduce stigma and discrimination.

Penumbra

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Penumbra is a charity (SC 010387) and a company limited by guarantee (SC 091542) registered in Scotland



SDS

individual service funds



how do I use option 2?

penumbra
your way to a brighter future

Self-directed Support (SDS) is designed to give you more choice, control and flexibility over funds that are allocated to you to help you meet your care and support needs.

A fund will be allocated to you following an assessment by a Social Worker. The assessment will include a care plan that describes the agreed outcomes your support should help you achieve.

SDS is designed to promote:

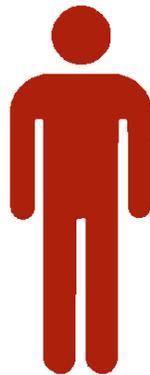
- > involvement
- > information and choice
- > collaboration
- > dignity
- > a right to take part in community life

Your individual service fund

Your individual budget can be given to a care provider of your choice.

Under SDS option 2 the council or another care provider holds your budget, but you choose how the money is spent and the type of support you receive.

You must spend your budget in a way that helps you meet the outcomes that are agreed in your care or support plan.



> assessment

A fund will be allocated to you following an assessment by a Social Worker

> outcomes

You must spend your budget in a way that helps you meet the outcomes in your care or support plan

> support

You decide the type of support you want us to provide and we hold your budget on your behalf

How Penumbra can help

If you choose Penumbra as your care provider we will:

- Hold your budget on your behalf
- Help you manage your individual budget
- Support you to use your budget to meet your chosen outcomes
- Work with you and those that are important to you

option
2

How the
process
works