

why sds?

Self Directed Support is the new Social Care system, aimed at giving those supported by social services more **choice**, **control** and **flexibility** over their support planning.

SDS should incorporate:

- > involvement
- > information & choice
- > collaboration
- > dignity
- > a right to take part in the life of a community

By putting supported people at the centre of their support planning, a support plan can be agreed to identify individuals hopes and goals, and agree on “**outcomes**” which will enable people to reach their goals and live the lives they want to live.



useful contacts

West Area Office 0141 229 2580
East Area Office 0131 221 9607
North Area Office 01224 621 266

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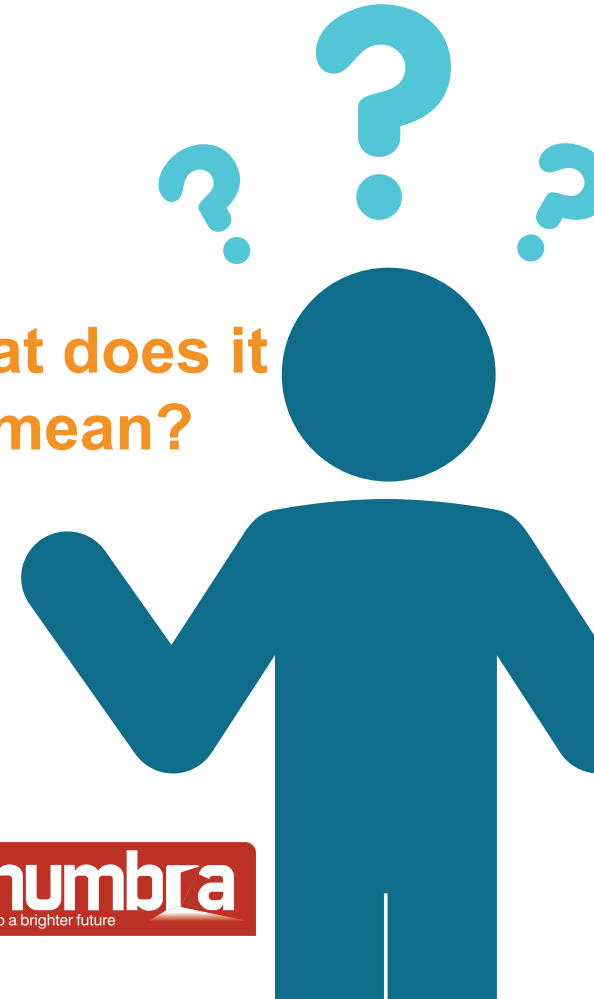
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SDS

self directed support

what does it
all mean?



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how do i get sds?

SDS is available to those who receive support provided through **social services**.

To qualify for SDS you must first go through an **assessment** with your social worker or care manager to ensure you are eligible.

Following this assessment, you will agree a set of **“outcomes”** or goals with your social worker or care manager.

A budget will be agreed to meet these “outcomes”.

You can then decide how you want to direct your own support, including how you will purchase and pay for the support you receive.



sds – the options

These options are designed to give supported people the right to manage their own **support budget**.

This budget can only be used to fund the outcomes as agreed in the care plan.

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putting people at the centre of their support planning



> option 1

direct payment

You control your own budget and support provider

> option 2

individual service fund

You choose support and a third party manages payment

> option 3

local authority

Local authority arrange and pay for appropriate services

> option 4

mix

A mix of the three options