New service in Midlothian

We are delighted to announce that Penumbra has recently won a tender to run a community based mental health rehabilitation service in Midlothian. The service is based in Newtongrange and provides 24 hour support for 8 people with complex mental health needs.

Penumbra will introduce its internationally recognised recovery approach using its HOPE framework and I.ROC tools. Support will be individually personalised for each person.

Support with setting and achieving goals for the future will be identified enabling people to work towards their desired outcomes. Practical and emotional support is provided to enable a fulfilling life of their choice in the community.

The time, length and areas of activity covered are different for everyone, but structured support can include help with budgeting, life skills, confidence building and finding meaningful purpose and activity.

Chief Executive joins Scottish Government’s Mental Health Delivery Board

Penumbra is pleased to announce that its Chief Executive, Nigel Henderson, has been appointed to the Scottish Government’s new Mental Health Delivery Board.

Chaired by the Minister for Mental Health, it will oversee the delivery of the Mental Health Strategy and associated work.

As well as driving improvements in performance, this group will champion mental health improvement and lead on strategic change. It will also consider additional actions to be taken to achieve the ambition, supported as required by specialist workstreams and drawing on international evidence and good practice.

New Head of Innovation and Improvement

Penumbra welcomes Stephen Finlayson to its senior management team as Head of Innovation and Improvement.

Stephen joins us from Thistle Foundation where he worked as Strategic Lead for Health and Wellbeing.

Stephen will be responsible for developing and leading strategies across the organisation to oversee the efficient and effective delivery of services and implementation of new projects.

Innovation and improvement are key strategic objectives for Penumbra and Stephen will have a lead role in identifying new opportunities, developing approaches and ensuring that we are continuously developing and improving our policy and practice.

Welcome Stephen!
Penumbra services get top marks from inspections

Several of our services have been independently reviewed by the Care Inspectorate recently.

Our ARBD (Alcohol Related Brain Damage) Supported Living Service and ARBD Supported Accommodation service both received the highest grade of ‘Excellent’ in December.

These services, based in Glasgow, provide essential recovery support and rehabilitation for people diagnosed with Alcohol Related Brain Damage.

Meanwhile our Aberdeen Mental Health Service and Edinburgh Supported Living Service both received the second highest grade of ‘Very Good’ in February and January respectively.

The Care Inspectorate looks at the quality of care provided by services throughout Scotland. These inspections look at how well the services are providing support and positive outcomes for people.

We are delighted at this fantastic achievement and are proud of our staff’s hard work delivering our services and making a real difference to the people we support.

FUNDRAISING ACROSS THE COUNTRY

Forth Rail Bridge abseil

Good luck to all those taking part in the next Forth Rail Bridge abseil in June, including Penumbra’s very own HR team. We are very grateful to you all!

Should you wish to take part in the next abseil on Sunday 6th October, please contact our Fundraising Team on 0131 475 2549 or email fundraising@penumbra.org.uk.

Forthcoming fundraising events

Edinburgh Marathon—25th/26th May
Aberdeen Kiltwalk—2nd Jun
Forth Rail Bridge Bridge—9th Jun
Glasgow Women’s 10k—10th Jun
Glasgow Men’s 10k—16th Jun
Dundee Kiltwalk—18th Aug
Edinburgh Kiltwalk—15th Sep
Glasgow 10k and Half—22nd Sep
Forth Rail Bridge Abseil—6th Oct

If you would like more information about any of our fundraising events or indeed if you would like to raise funds for Penumbra through your own event, please contact our Fundraising Team on 0131 475 2549 or email fundraising@penumbra.org.uk.

Ash strides out for Penumbra!

Huge thanks to Ash who raised over £450 by taking part in the Edinburgh 13k Kilomathon!

The day was made all the more special for Ash as his siblings joined him on the run.

Well done Ash and thank you for your incredible support—it is very much appreciated!

Facebook fundraisers

A big thank you to the increasing number of people who are setting up birthday fundraisers through Facebook. Users can request that their friends donate to a cause for their birthday in lieu of gifts.

Penumbra has received more than £2,200 in the past 6 months for which we are extremely grateful.

When you’re shopping online, why not buy through easyfundraising and support Penumbra while you shop?! Simply visit easyfundraising.org.uk/causes/penumbra and you can raise vital funds for our services while shopping at Asos, Boden, John Lewis, M&S, GAP and many more!