

Wellbeing Point Timetable



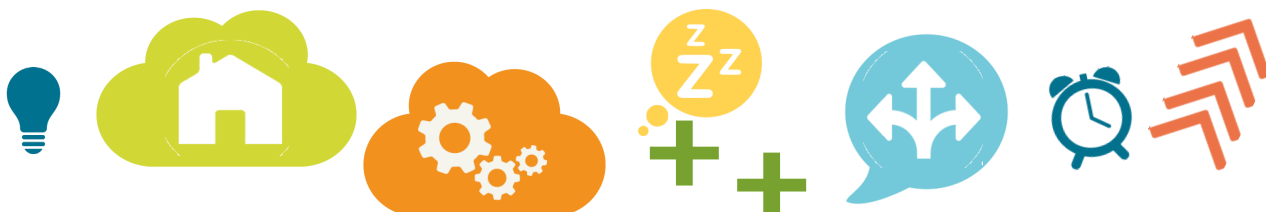
Health & Wellbeing info



Access to community resources



1:1 support & Workshops



Date	Time	Venue
Monday 12th August	12.30pm-2pm	Douglas Community Centre, Balmoral Ave, Douglas, DD4 8SD - Anne
Tuesday 13th August	10am-12pm	Wellgate Library, DD1 1DP
Tuesday 13th August	2pm—4pm	Ardler Complex, Turnberry Avenue, DD2 3TP– Martha
Wednesday 14th August	12.30pm-2.30pm	Menzieshill Parish Church, Charleston Drive, DD2 4BD –Martha
Thursday 15th August	11.30am-1.30pm	Main Street Café, Coldside Parish Church, Main Street, DD3 7HT-Martha
Friday 16th August	9am-11am	Adamson Court, DD2 3EF– Anne
Friday 16th August	11am-1pm	Lifegate Café, 50 Haddington Crescent, DD4 0NA

