

North Ayrshire Self-Harm Project

Developments to date

Open Space Conference, October 2004, attended by 120 delegates

Launch of Self-Harm Project, January 2005

Establishment of advisory group with representatives from Health, Housing, Community learning Development, Young People, Social Services, Voluntary Sector

Production of publicity material in conjunction with local artist with over 500 leaflets disseminated throughout North Ayrshire

Press Release in Local paper, March 2005

Article featuring young person in local paper, November 2005

Broadcast with West Sound radio station, April 2005

Broadcast with Healthy Living project radio event, July 2005

25 appropriate referrals of young people

5 sets of parents identified and offered support

Over 40 awareness raising sessions/training workshops delivered to variety of agencies

Workshops facilitated to youth groups

Input at Kilmarnock College Health event

Input into National Inquiry into Self Harm, with presentation from parent receiving support

Participation at Penumbra's Self-harm forum and Scottish National self-harm forum

Involvement of young people in corporate training days

Young people involvement in research study funded by the Scottish Executive's "National Programme in Improving Mental health and Well-being" on the links between self-harm and suicide