

Thank you for wanting to join our team. At **Penumbra Mental Health**, we pride ourselves on being a great place to work where you can grow and thrive in a supportive team.

And we're looking for kind people like you who want to make a difference in people's lives. We can offer you a living wage, a tonne of employee benefits, and we can promise you'll be inspired by some pretty amazing humans every single day. So, good luck with your application!

Job description for the post of: Volunteer Gardener

Service:	Park Cottage - Midlothian
Responsible to:	Service Manager
Supervisory duties:	None
Salary:	Volunteering role
Working hours:	Hours that suit applicant
Location:	Park Cottage Main Street, Newtongrange - Midlothian
Closing:	Monday 31 st May 2024
Interview:	Tuesday 11 th June 2024

About us

We are **Penumbra Mental Health**, a pioneering charity providing dedicated services for people with mild to serious and enduring mental ill health.

We support people on their journey to better mental health, by working with each person to find their own way forward.

The power of people's lived experience enables us to provide pioneering services which transform lives. Find out more here: penumbra.org.uk

penumbra.org.uk



✉ enquiries@penumbra.org.uk ☎ 0131 475 2380

Head Office | Norton Park | 57 Albion Road | Edinburgh | EH7 5QY

Penumbra is a charity (SC 010387) and a company limited by guarantee (SC 091542) registered in Scotland.

Our vision is that people live with positive mental wellbeing and can easily access the best possible support when they need it.

Our mission is to provide exceptional mental health and wellbeing support and activities, guided by people's own lived experience, their recovery journeys and their hopes and aspirations.

We live and breathe our values



Compassion

Courage

Curiosity

Collaboration

Job summary:

If you're looking for a volunteering opportunity within an inspirational team that really does make a difference to people's lives, this is your opportunity to join our volunteer team at Park Cottage – Midlothian.

Park Cottage supports the people of Midlothian by providing a safe and empathetic space for people to stay for a period of recovery.

Our passion is recovery focus through person centered care, and we are looking for a volunteer to help us establish and maintain our garden so we can use it to connect the people we support with nature.

We are currently looking for someone with an interest in gardening. No professional experience is required. We do however have 2 large gardens which are desperate for some love and attention. The gardens would benefit from some grass cutting, weeding, planting new flowers and we would love a new veggie patch to grow our own house produce. There will also be help from our amazing staff and the people we support but they may at times need a guiding hand. A green fingered leader if you will show us the way! If you think this could be you, we would love to hear from you.

There is no minimum or maximum hours in the role, Park Cottage is open everyday and staffed until 22:30 every night. There is also no upper age limit for this role.

If you are a keen gardener with a few spare hours or someone who has no access to their own garden and wants to reconnect with a passion, we may be what you are

looking for. We would love to have a garden to be proud of and somewhere the people who use our service can spend time in to reflect and recover.

We can offer you:

- An amazing opportunity in volunteering with an established mental health service
- Travel reimbursement.
- Unlimited tea and coffee (biscuits)

And so much more!

Get in touch

If you'd like an informal chat about this role and volunteering for Penumbra Mental Health, please contact: Adam Novara on adam.novara@penumbra.org.uk

For more on our who we are visit: penumbra.org.uk

For more opportunities across our teams visit: penumbra.org.uk/careers

